

# CONFIDENT GIRL MENTORING NEWSLETTER



HEAL

INSPIRE

EMPOWER

CULTIVATE

## GIVE 716 DAY!

We are days away from GIVE 716! Confident Girl Mentoring is excited to participate in this year's giving event.

Funds raised will support our trauma-informed healing initiative and expand our evidence-based mentoring and sports programs. We acknowledge the hardships that our youth have faced and work hard to give them a place of healing so that they can step forward into a brighter future.

Thank you for contributing to the success of our Give 716 campaign. Discover the confident girl difference!

- Confident Girl Family

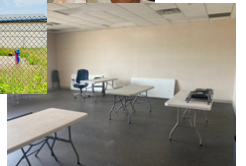




# A SAFE PLACE TO CALL HOME

This move has been a long time coming! We are establishing a new safe space to empower and build the self-esteem and confidence of young people with our offerings of evidence-based mentoring, sports, and trauma-informed wellness programs.

We are thankful for the new partnership with Seneca-Babcock Community Association and blessed to be located in the heart of the community at the George K. Arthur Community Center, 2056 Genesee Street, Buffalo, NY 14212. The center is named after the late George K. Arthur, a politician, community worker, friend and most of all, a mentor to sever. With your continued support, we will keep the legacy of community and mentorship alive.



## WELCOME MAGGIE MEOSKY

Maggie Meosky is a sophomore at Harvard College. She attended Williamsville East and is excited to be home for the summer. At CGMP, Maggie is hoping to learn as much as she can from CEO and President Tiffany Lewis. She is looking forward to having hands-on experience working at a nonprofit this summer and giving back to the Buffalo community. Maggie can't wait to see the Jump 4 Confidence program in action!

[www.cgmpinc.org](http://www.cgmpinc.org)





# CONGRATULATIONS



## "SECOND LARGEST DONATION IN OUR THREE YEAR HISTORY"

**-FABULOUS FIFTY WOMEN, LISA LATROVADO**

We are honored to receive this seed funding from the Fifty Fabulous Women Giving Circle. The funds will be used to expand our trauma-informed healing space and evidence-based youth programs.

Our vision and mission are clear! We improve the generational growth of girls ages 7-19. We advance our mission through our evidence-based mentoring system that raises awareness about the effects of trauma on mental health and yields youth confidence and self-esteem to cultivate a healthier society.

Watch: Fifty Fabulous Women Giving Circle & Confident Girl Mentoring and More on Good Deeds Buffalo! - YouTube

~Tiffany Lewis, President & CEO

# CALL FOR PROPOSALS

2022



## NATIONAL YOUTH CONFIDENCE DAY

A day to celebrate young people everywhere!

### Call for Proposals

**October 20th** is National Youth Confidence Day! The founder, Tiffany R. Lewis, President & CEO of Confident Girl Mentoring wants to celebrate it with you in **YOUR** hometown!



### THEME: CONFIDENCE REIMAGINED

We are looking for proposals from organizations with a youth-centered focus.

OPEN TO APPLICANTS IN ANY LOCATION

**DEADLINE: SEPTEMBER 9, 2022**



**Be Bold**  
**Be Brave**  
**Be Confident**

**APPLY NOW!**

<https://tinyurl.com/2xuwms64>



#NATIONALYOUTHCONFIDENCEDAY

#CONFIDENCEREIMAGINED





*Menstrual Hygiene* is a **HUMAN RIGHT!**

**END PERIOD POVERTY**

**Feminine products should be free. Many people still don't have access to safe and affordable period products.**

Please support our donation drive to end gender inequality for this generation, and to support the families impact by the mass shooting.

**Send monetary donations**

Even a small amount can go a long way. We accept donations through our website.

**RICH'S**

**Drop off donations**

You can donate period products every Wednesday to our HQ located at George K. Arthur-2056 Genesee Street, Buffalo, NY 14211

**Spread the word**

Share the news with your friends and inspire them to donate to Confident Girl's Wishlist.




Confident Girl Mentoring Program, Inc.  
www.cgmpinc.org  
tlewis@confidentgirlmentoring.com

dignitygrows  
BUFFALO JEWISH FEDERATION

**NEW HEALTH INITIATIVE ALERT!**

# ENDING PERIOD POVERTY



Confident Girl Mentoring is advocating to End Period Poverty. Period Poverty is a serious condition which impacts menstruating-individuals who cannot afford menstrual sanitary supplies. Without reliable and comfortable menstrual products, women and girls can be hesitant, or unable, to participate in everyday activities, including school and work. Knowing the negative effects of period poverty highlights the importance of having free distribution centers at easily accessible public locations such as our George K. Arthur Community Center.

Thank you, Rich's Products, and Dignity Grows for your contribution and donation of period supplies.

First Period Pop-up Mid- July

## CONFIDENT MINDS

### LITERACY & SELF-CONFIDENCE PROGRAM

Our "Kids...Take 5" program is underway.

The key to literacy is confidence. Confident Minds Literacy & Self-Confidence Program is designed to improve the power of the mind and the potential of the child.

Thank you, Councilmember Bryan Bollman, for your support and generosity in providing our first supply of books.

You can help grow our library by donating gift cards, books, or stop by for just 5 minutes and read to our young people.

Who will be next?

**DONATE TODAY!**




**GOT BOOKS?**

Confident Girl Mentoring Program, Inc.  
www.cgmpinc.org

# Confident Girl Mentoring Book Drive

Our literacy movement "Confident Minds" is gaining momentum. We are dedicated to improving the power of the mind and the potential of the child. Help grow our library and donate a new or gently used book!

Contact:  
confidentgirl716@gmail.com  
for ways to donate books.

www.cgmpinc.org



# JUMP 4 CONFIDENCE SPORTS PROGRAM

On June 24th we headed to Cincinnati, OH to represent New York at the National Jump Rope Championship. The youth joined teams from all over the world. Our certified jump rope sports program,

Jump 4 Confidence builds endurance, confidence, and the love of jumping rope. We host community events.

If you are interested in becoming a team member or having a summer clinic, please contact us @  
tlewis@confidentgirlmentoring.com

SAVE THE DATE: AUGUST 27, 2022  
(Local competition)

Jump 4 Confidence is funded by Ralph C. Wilson Legacy Fund administered by the Community Foundation for Greater Buffalo

## "NEVER FORGET" MAY 14, 2022



The Confident Girl Mentoring team and board members provided volunteer support, product distribution, and trauma-informed services.



**Victims:** Celestine Chaney, Roberta Drury, Andre Mackniel, Katherine "Kat" Massey, Margus Morrison, Heyward Patterson, Aaron Salter Jr., Geraldine Talley, Ruth Whitfield and Pearl Young

**Survivors:** Zaire Goodman, Jennifer Warrington, Christopher Braden